



Managing Growth® - Spring 2010

OSHA - 30-Hour Program

The **Regional Alliance for Small Contractors** is offering the 30 Hour OSHA Training sponsored by NJ TRANSIT. This program is **specifically designed for safety directors, foremen, field supervisors, and other personnel responsible for construction activities with an awareness of construction safety.**

The program will be held in six (6) sessions on Tuesdays and Thursdays.

COURSE DESCRIPTION: The 30-hour program is an OSHA approved course that trains participants on the requirements of the OSHA standards and construction work practices. This course is a comprehensive safety program designed for anyone involved in the construction industry. The program provides complete information on OSHA compliance issues and is designed to help you recognize safety hazards on the job. Topics covered in the course include:

- Introduction to OSHA
- OSHA Standards & Inspection Procedures
- Safety programs & Subpart C
- Recordkeeping
- Electrical
- Scaffolds
- Fire prevention
- Welding & cutting
- Fall protection
- Concrete & masonry
- Stairways & ladders
- Cranes
- Rigging & materials handling
- Signs, signals & barricades
- Excavations
- Tools – hand & power
- Personnel protective equipment
- Health hazards in construction
- Confined space entry
- Steel erection and
- Powered industrial vehicles.

Upon successful completion of the course, participants will receive a U.S. Department of Labor OSHA construction safety and health 30-hour course completion card. *You must attend each session in order to receive a certificate of completion.*

March 8, 10, 17, 22, 24 and 29, 2010
4:00 - 9:00 PM

REGISTRATION FORM

Name: _____

Position: _____

Firm: _____

Address: _____

City/State/Zip: _____

Phone: _____

Fax: _____

E-Mail: _____

Please provide an email, confirmation notices will be sent via email

Registration fee: \$300.00 per person

Make checks payable to: "Fund for the City of NY"

**Mail completed registration and payment to:
Regional Alliance for Small Contractors
P.O. Box 20094, PABT, New York, NY 10129
Please fax form to (212) 268-7509**

**Classes will be held at
Times Square Hall - Port Authority Bus Terminal
625 8th Avenue, 2nd Floor, South Wing
(Bet. Drago Shoe Repair and NJ Transit Offices)
New York, NY**

If you have any questions contact the Regional Alliance at
(212)268-2991

Email: pcamargo.rascny@verizon.net
Website: www.regional-alliance.org